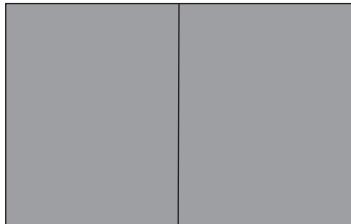


# PUBLICATION PLAN 2026

ISSUE	MATERIAL DEADLINE	DISTRIBUTION START
Number 1	January 9	February 17
Number 2	April 9	May 25
Number 3	September 7	October 20
Number 4	October 14	December 8

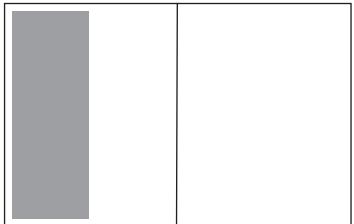
## FORMAT



**SPREAD**  
460 x 297\* mm



**1/1 PAGE**  
230 x 297\* mm



**1/2 PAGE**  
98 x 262 mm

\* + 5 mm bleed

